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YEAR 2017 RIGPE DORJE PROGRAMMES

PHILOSOPHY: September 20 to November 18

MEDITATION: November 22 to December 2

Teacher & Guide

The Venerable Drupon Khenpo Lodro Namgyal Negi

Translators

Jim Scott of Marpa Institute, Ivonne Prieto Rose, Chris Rose



RIGPE DORJE PHILOSOPHY PROGRAMME

2017 September 20 to November 18

TEACHING: 9AM to 11AM except Wednesdays

It is mandatory to attend Teaching, one Scripture and one Language class.

MAIN TEACHING

Ascertaining that all phenomena of apparent reality are mind

The philosophy of Cittamatra or Mind-Only School – that all phenomena are mind, based on Vasubhandu's *Thirty Stanzas [Tib. Sum Chu Pa]*. This teaching is selected in order that students may thoroughly ascertain the actual condition of what appears conventionally as a first approach to penetrating genuine reality.

SCRIPTURES & TIBETAN LANGUAGE CLASSES

Daily except Wednesdays

Morning: 11:30AM - 1 PM | Afternoon: 2:30PM to 4:00PM

SCRIPTURES CLASSES

ROOT TEXT CLASS: “Thirty-seven Stanzas” [*Tib. Sum Chu Pa*] by Vasubhandu. Study of the scriptural source of the main teaching. Medium of Instruction: English.

TIBETAN LANGUAGE CLASSES

I. BEGINNER LANGUAGE CLASS - Emphasis: alphabet, reading and conversation skills. Prerequisites: none. Medium of Instruction: Tibetan and English.

II. INTERMEDIATE LANGUAGE CLASS based on the grammar text, *Legs bShad lJon dBang*. Emphasis: Introduction to the 8 cases of Tibetan grammar and conversation skills. Prerequisites: intermediate reading skills ability. Medium of Instruction: English with some Tibetan.

RIGPE DORJE MEDITATION PROGRAMME

2017 November 22 to December 2

Full day schedule of twice daily teachings, group and individual practices. Commitment to attend all teachings and engage in group and individual practices are necessary.

MEDITATION ON THE FOUR PRELIMINARY FOUNDATIONS

This first-year programme presents the method for reorienting the mind away from samsara, taken from the preliminaries of the Seven Point Mind Training, namely the essential pre-requisites of the Four Preliminary Foundations or Four Thoughts that Turn the Mind to Dharma [*Tib. sNgon 'Gro rTen Gyi Chos bShi*]

THE RIGPE DORJE PROGRAMME REQUIREMENTS AND INFORMATION

Teachings in Tibetan with English translation. Students in the philosophy program are required to attend all teachings and at least the scripture and / or one language class. In addition to class time, students of philosophy are encouraged to arrange time for personal reflection and meditation on the teachings. Students in the meditation program are required to attend all the teachings and practice sessions.

Residency in Pullahari is an integral part of the program experience. In exceptional circumstances, alternative residency may be acceptable but a non-residential surcharge is required.

Correct Conduct is encouraged throughout the period of the programs as right ethical conduct is the basis of all the qualities of knowledge. A respectful attitude towards the monastic environment and others in the assembly is essential. Use of intoxicants is strictly prohibited.

Scripture and Tibetan Language classes are conducted in English, Tibetan, or both, as specified in the individual class descriptions outlined in the program. Intermediate and advanced classes require extensive study, including required homework, and examinations.

Personal interviews with Drupon Khenpo Lodro Namgyal will be arranged and scheduled.

TRAVEL TO PULLAHARI

USEFUL INFORMATION

VISA FOR NEPAL

For information, go to Nepal's Department of Immigration website
<http://www.immi.gov.np/appendix>

TAXIS TO PULLAHARI

From Tribhuvan International Airport
24 Hours Pre-Paid Taxi Service or pre-arranged taxi through Pullahari office

DIRECTION TO PULLAHARI

Go from Boudhanath to Jorpati Chowk. Turn left, pass Nepal Medical College. At the Bagavati Shrine, turn left and travel up towards Shaidh Park. Turn left at the entrance to Shaidh Park and follow the road until you come to Jagdol Shree Jana Jagriti Lower Secondary School. Take a sharp turn left to Pullahari Monastery.

Pullahari is about a 40 minutes to an hour by car from the airport, 30 minutes from Boudhanath and 5 minutes from Shaidh Park. It is about an hour by foot from the Great Stupa of Boudhanath.

MONEY EXCHANGE

Major foreign currencies and credit cards are accepted at many hotels, restaurants and shops in Kathmandu. There are also many banks and authorised money changers in Boudhanath and Kathmandu city.

REGISTER WITH YOUR EMBASSY

Students are encouraged to register with their Embassies or Consulates in Nepal.

CONTACT FOR ENQUIRIES

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