

PUJAS AT PULLAHARI MONASTERY

Timetable of Daily & Monthly Pujas



DAILY PUJAS

7am – 8am	Green Tara & Medicine Buddha sadhanas, Guru Rinpoche prayers for dispelling obstacles (<i>Bar Che Lam Sal</i>) and fulfilling wishes (<i>Sam Pa Lhun Drup</i>), the <i>Riwo Sang Choe</i> smoke puja, and Buddha Amitayus long life prayer & recitation of the mantra.
4pm – 5pm	Mahakala Puja
7pm – 7.30pm	Devotional Practices: Guru Yoga of the Third Jamgon Kongtrul, the prayer of <i>Calling the Lama from Afar</i> , the King of Aspiration prayer (<i>Sang Choe Monlam</i>), and the Aspiration Prayer for Rebirth in Sukhavati (Amitabha Monlam).

MONTHLY PUJAS (Half-day)

Tibetan 8 th Day	Red Chenrezig Puja [Tib: <i>Gyalwa Gyatso</i>]
Tibetan 9 th Day	Six-Armed Mahakala Puja [Tib: <i>Chak Drug Pa</i>]
Tibetan 10 th Day	Guru Rinpoche Puja of the “Profound Gathering of the Jewels” [Tib: <i>Kon Chok Chin Du</i>]
Tibetan 13 th Day	<i>Dutsi Trin Phung</i> Smoke Offering Puja
Tibetan 15 th Day	Chakrasamvara / Sixteen Arhats Puja
Tibetan 25 th Day	Vajrayogini Puja
Tibetan 29 th Day	<i>Kang Sol</i> Two-Armed Mahakala Puja
Tibetan 30 th Day	<i>Kun Rigs</i> / Karma Pakshi Puja

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Timetable of Annual Pujas

ANNUAL PUJAS – DRUB CHOE (Long & Intensive Sandhana Ritual Practices)

Tibetan 1 st Lunar Month	Annual Monlam, Lamp Offerings, and Grand Changchok (10 days)
Tibetan 2 nd Lunar Month	The Six-Armed Mahakala Drub Chö (7 days)
Tibetan 3 rd Lunar Month	Gyalwa Gyamtso / Kalachakra / Hevajra Drub Chö (7 days) On the occasion of the Parinirvana Anniversary of the Third Jamgon Kongtrul
Tibetan 4 th Lunar Month	Kagyü Gurtso (The Kagyü Lineage Songs of Realisation) (5 days)
Tibetan 5 th Lunar Month	Vajrayogini Drub Chö (7 days)
Tibetan 6 th Lunar Month	Chakrasamvara Drub Chö (7 days)
Tibetan 7 th Lunar Month	Den Shi Yumka Drub Chö (7 days)
Tibetan 8 th Lunar Month	Pema Benza Drub Choe (Yongey Mingyur Dorje's Terma) (7 days)
Tibetan 9 th Lunar Month	Buddha Amitayus Drub Chö (7 days) In rejoice on the occasion of the birthday of H.E. Jamgon Kongtrul Rinpoche the Fourth
Tibetan 10 th Lunar Month	The Guru Yoga of the First Jamgon Kongtrul, Lodro Thaye (7 days)
Tibetan 11 th Lunar Month	<i>Drol Kar Ngö Drub Kun Tsol</i> (White Tara) Drub Chö (7 days)
Tibetan 12 th Lunar Month	Two-Armed Mahakala Drub Chö (Gu-Tor)

